

*HEARING  
THE **VOICE**  
OF GOD*

*Resources for Lenten Practice*

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“In the past God spoke to our ancestors through the prophets at many times and in various ways, but in these last days he has spoken to us by his Son, whom he appointed heir of all things, and through whom also he made the universe.”

*HEBREWS 1:1-2*

During *LENT*, we as God’s people focus our hearts on Jesus and remember His journey to the Cross, His victory over death and His gift of salvation. Throughout this season, we are invited to participate by doing something that creates space for us to seek after God. This could mean giving up something we normally do or adding an intentional practice to our daily routine. On the following pages, you’ll find Scripture readings, questions for reflection, ideas and inspiration around prayer and stories from members of our community around our lenten theme, *Hearing the Voice of God*.

# CALENDAR OF *EVENTS*

## *Ash Wednesday - Lent Begins*

February 14<sup>th</sup>

## *Love That Listens: The Life-giving Practice of Spiritual Presence*

A Women's Formation Event

Saturday, March 3<sup>rd</sup> | 9:00am-12:30pm

Imago Dei Central City Campus (1400 SE Ankeny St.)

## *Good Friday*

March 30<sup>th</sup>

Central City Campus | 1400 SE Ankeny St.

6:00pm & 8:00pm

Eastside Gathering | Ramona Chapel (13047 SE Ramona St.)

6:30pm

## *Easter Sunday*

April 1<sup>st</sup>

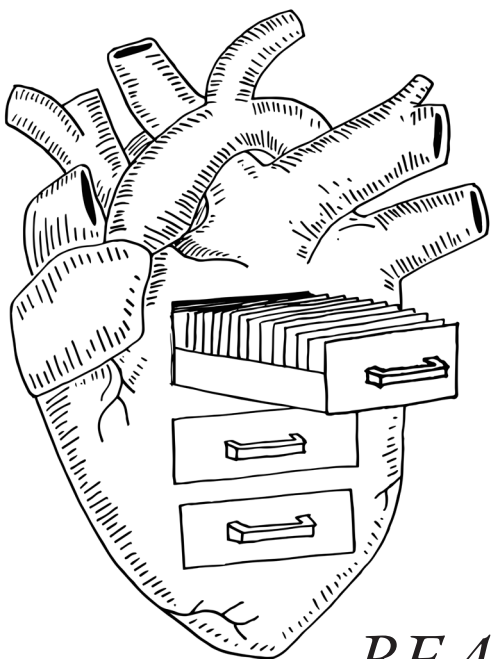
Central City Campus | 1400 SE Ankeny St.

8:00am, 10:00am & Noon

Eastside Gathering | 1001 SE 135th Ave

10:00am

*Find more info on all events at [idcpdx.com](http://idcpdx.com).*



*READ*  
& *REFLECT*

# READ & REFLECT

The following readings, prose and questions have been provided by members of our pastoral staff. Please feel free to go through these devotionals at your own pace, in your own time.

## *Read: Psalm 19*

Are you a good listener? Some of us are naturally better at this than others, but most of us can spot the cues to tell if someone is actively listening or not. Eye contact. Nodding heads. Thoughtful hmm's. Engaging questions. But let's be honest; active listening with God can be tricky. How do I know He's listening? Does HE know if I'm listening? Where would I look for the cues? Where is HE looking for my cues? Why is He invisible?!

One of my favorite songs remind me of Psalm 19. It starts with these words to God:

*Did you rise the sun for me?  
Or paint a million stars that I might know your majesty?  
Is your voice upon the wind?  
Is everything I know marked with my makers' fingerprints?*

Yes. Yes, yes, yes. Give yourself a moment today and just stand outside. Smell the daphne blooming and the crispness in the air as spring and winter battle out their remaining days. Feel the wind, the rain or (praise the LORD!) the sunshine on your face. Make some impressive shadow puppets on the sidewalk or find animals hiding in the shapes of clouds. Look at the faces in the cars around you as you go about your day; see the colors, the sizes, the smiles and the frowns.

Pause in that moment and praise Him. Sit with Him. He made it for you. He made it for them. He made it for us to know Him more. With God, this is active listening. Nodding your head and smiling and telling Him you hear His love as you pause to notice it.

- What were your favorite God "fingerprints" you noticed today?
- What do these things tell you about God? What do you hear Him telling you about Himself through them?

# READ & REFLECT

## *Read: Philippians 4:8-9*

God wants to speak with you. He's there in the quiet and the stillness - the moment where your heart is singularly focused on His voice. It's a moment worth zealously pursuing every. Single. day. A moment to allow Christ to put a pause on the chaos and stress of your day and turn your thoughts toward the list Paul so lovingly wrote to his friends in Philippi.

- *Where can you find that intentional moment today? (standing in line, bathroom break, waiting at the stop light, waking up early, staying up late, turning off Netflix...)*
- *Who can be your "list partner"? Ask someone to swap lists regularly of what is true, lovely, noble, pure...based on their circumstances of the day.*

## *Read: Genesis 12:1-4*

It was 0430 on 2 January, 2016, in Newport, Rhode Island. Chief Davis of the United States Navy was shouting louder than anyone should at that hour, "Stand at attention with your heels against the bulkhead! When I give the perlocutionary, command you will line up and rapidly move down the p-way to the hatch and count off from front to back!" I stood at attention, waiting to execute the first commands I had received since joining the Navy. I had travelled from Oregon to Rhode Island, not to become a war-fighter, but to learn how to do ministry in the military. Away from my family, my city, my school, my friends, my church. Now everything was foreign to me: the classifications of ships, the marching, the saluting, the uniforms, the hygiene. I was put in charge of my company even though I was the youngest by far. I was rapidly learning a new language, structure, culture and values. Many times I had to ask the people around me to translate what was going on. I told myself, "I have two ears and one mouth, do the God-given math."

# READ & REFLECT

Abram didn't know God. Not at all. God just started talking to him. This was his very first interaction with the Lord, and yet he knew that he needed to do more than mull over what was said. He obeyed rapidly. He was away from his family, his religious community, his friends, his upbringing. Everything was foreign to him. He came to know the voice of God. When he didn't know what was happening, he just started trying things, doing what he thought he'd heard and seen (Genesis 22). He was not perfect in responding to the voice of God even when he heard it clearly (Genesis 12:10-13:2).

- *What thoughts, words or verses have been prompted in you that might be from God?*
- *Who is at least one trusted, wise person you can talk to about it?*

## *Read: Mark 14:32-39*

Are you waiting to hear from God about something in your life? When Jesus was preparing Himself to be sacrificed and His prayers were answered with silence, He was deeply distressed and troubled. Yet He stayed true to the course He knew His Father had set before Him and kept praying. He walked in faithfulness, but not without pain. He continued to wait on an answer until the moment He was arrested. There is no record of His Father ever answering Him, even when He wanted it the most. Jesus (God with skin) became so desperate while hanging on the cross that He screamed out, "My God, My God, why have you forsaken me?" (Matthew 27:46). In this raw, agonizing picture, Jesus models the act of waiting on God, trusting His sovereignty and obeying faithfully.

- *What is coming up in you as you wait for God to respond?*
- *What does the Bible say is true about God even if you never hear a response?*



# READ & REFLECT

## *Read: Hebrews 1:1-4*

God spoke to His people. He pursued them. He desired that they know Him and follow Him faithfully. In the past He spoke through the prophets and He revealed His love and His plans through faithful people like Ruth, David, Moses and Esther.

God still speaks to His people. He pursues us. He wants us to hear and follow Him. In this new era, God speaks to us through The Son. Those that listen to His Word receive a clearer, greater revelation of God. Through Jesus's life, works and teachings, we have come to know and follow Him. Through Christ we have heard God's desire for us, our future hope in Him and the call to live out our love of God and neighbor.

If I'm honest though, sometimes it can seem as if God is silent. There are times in my life when I so desperately want to see the Word and hand of God directly affect my personal circumstances. In these times I sound like the psalmist when he said, "Do not turn a deaf ear to me...Hear my cry for mercy as I call to you for help." In these moments I can forget God's desire for me. In these moments I lose sight of my hope. In these moments I turn inward instead of toward my God and my neighbor. In these moments I need to hear what God has spoken through Jesus: I am His, I am loved, I am called and I know his voice.

*Take a few moments to be silent before God. Jesus knows what your day has been like. He knows your anxieties, joys, fears, trials and temptations. Rest knowing that He knows you. Posture yourself to hear Him. After a few minutes, and from this posture of listening, read John 17. This is Christ's prayer to the Father for you. What do you hear God telling you through Jesus?*

# READ & REFLECT

## *Read: John 14*

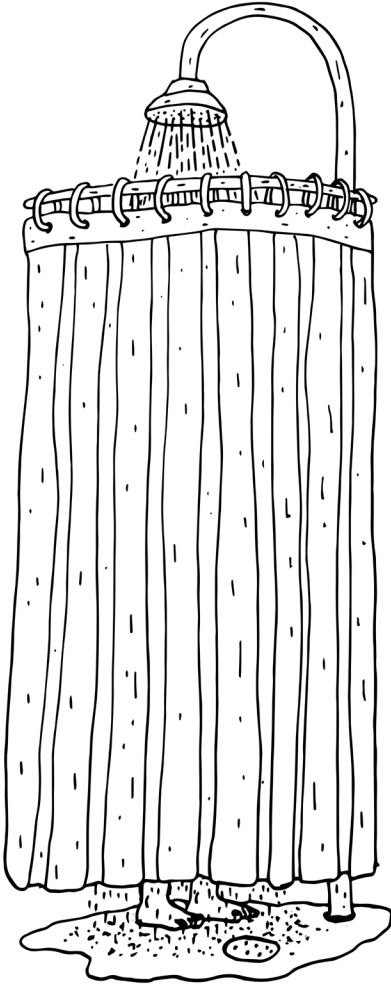
Jesus tells His followers in John 14 that he will soon be returning to the Father and when He does, the Father will send the Spirit to them. Jesus' words here are mysterious. He speaks of The Father, the Son and The Spirit being united as one. He speaks of unity between us and Himself made possible by the Spirit dwelling in us. He speaks of a world that cannot see Him, but of believers who can hear Him because we know Him and His spirit.

Often I think we imagine the Spirit as merely a still small voice, speaking to us privately, guiding us along our individual paths and decisions. But in this passage, I hear Jesus tell us that the Spirit is much more. Likewise, in John 7, Jesus says that the Spirit will be like rivers of living water flowing out of us. The Spirit of Truth dwelling within us is also the Spirit that overflows our boundaries, pointing us and others toward Jesus and truth.

This is the miracle of the Spirit, that He lives within us. He is not a force to be sought at particular times, nor is He a power that can be mustered for our own purposes. He is the third person of the Trinity, our God. He never leaves us. He reveals the Father and the Son to us. He guides us and leads us to share a hope that can light the fire of renewal in others.

Read through John 14. Allow yourself to hear what God is saying through Jesus and the Spirit. What does Jesus say is the role of the Spirit in helping us retain the truth of His life, work and teaching? How have you experienced the Spirit reminding you of Christ's truth? Is the Spirit guiding you to share the truth you have within you with someone?

*PRACTICE*  
& *PRAY*



# *Prayer Spaces, Meditations & Labyrinths*

PRACTICE  PRAY

## *Imago Dei Prayer Space*

SE 15<sup>th</sup> & Ash St. (Behind the Sanctuary at Central City Campus)

This space is reserved year-round for the exclusive use of prayer. Stocked with Bibles, prayer prompts, exercises and comfortable seating, the Prayer Space was built to help facilitate different styles and ways of communing with God. Please contact [info@idcpdx.com](mailto:info@idcpdx.com) or call 503-231-5096 for access.

## *“Hearing the Voice of God” Lenten Art Show*

*by Scott Erickson*

On both sides of the Ankeny Building (SE 13<sup>th</sup> & Ankeny or Ash St.)

Hearing always begins with honesty, which sounds easy enough. But often we think we need to be something “other” or “better” to approach God.

But this leads us to the opposite of honesty. This art show is made up of 12 words and images to help us get better at honest conversation with God.

## *14 Stations of the Cross & Labyrinth at the Grotto*

8840 NE Skidmore Street, Portland, OR

The 14 Stations of the Cross is located on the Plaza level Gardens; the labyrinth is located on the Upper Level Gardens. Visit the [grotto.org](http://grotto.org) for hours and info.

## *Labyrinth at Saint Luke the Physician Episcopal Church*

120 SW Towle Avenue, Gresham, OR

The labyrinth is open at all times with access through the church parking lot on Towle Avenue. Visit [saintlukesgresham.org/labyrinth](http://saintlukesgresham.org/labyrinth) for more info.

# *Lectio Divina:* *A Centering Prayer Exercise*

*PRACTICE & PRAY*

Lectio Divina is a contemplative reading of Scripture. We invite the living Spirit to be present with us as we sit with the living Word. We allow God to speak into and heal our hearts. Being with the Father, we are restored and refreshed by His great love. We practice receiving the peace of Christ, knowing that it is available to us at any time, if only we chose to turn towards it.

Choose a brief passage of Scripture. Spend a moment preparing your heart. Close your eyes. Breathe with a soft belly. Let go of your worries and your plans for the moment. Settle in to where you are.

## *Read*

In the first movement, we simply read the verses slowly and then sit in silence. This is a practice of letting go of our attachment to our own thoughts so that we can better hear the small still voice of God.

As you read the Scripture passage, choose one word or phrase that resonates with you. Use that word as an anchor. When you notice that your mind has wandered, gently bring your attention back to that word or phrase.

If your mind is particularly active, keep repeating your anchor word with each breath or as often as you like. The point is not to ‘empty’ your mind. This is an exercise of focusing our attention, noticing when we are following our own thoughts, and returning again and again to an open posture with God.

## *Meditate*

In the second movement, we read the passage again and listen for how God is speaking to us through the text. How does this Scripture apply to your own life in this moment? We may receive comfort, guidance, conviction, strength. Continue to use your anchor to focus your attention, listening with the ears of the heart.

## *Renew*

Using your anchor as a focus, listen for how the Spirit is calling you into transformation. How does this Word pull you into a deeper relationship with God? How does it move you to reflect the image of Christ? Remember we are called into the fullness of life out of God's great love for us. Lean into the strength He gives us to walk in new life.

## *Pray*

After listening to God, we now respond in prayer. You may want to give thanks for what you have received, repent from where you have been convicted, praise God for the grace you have experienced, or ask for help with your struggles.

## *Rest*

In our final movement, we move from conversation to communion. We have passed through a process of reconciliation, submitting our own thoughts and will, leaning in to the Father.

Now we simply sit in silence for a few minutes and rest in the presence of God, in the forgiveness, peace, love and joy that only He can give. Thomas Keating describes this progression: "The external word of God in Scripture awakens us to the interior Word of God in our inmost being."

# *Prayer Walks*

## *PRACTICE & PRAY*

Prayer walks motivate us to boldly reach out, speak out and live out the Gospel. They can also be a segue to developing relationships. Walking and praying through our neighborhoods and cities nudges us to be mindful of our neighbors and community, leading us to take the next step of loving, serving and engaging.

### *TIPS FOR PRAYER WALKS*

#### WALK

The Basics:

Be safe. Walk in well lit areas. Walk in groups of 2 or more.

Be discrete. No need to be demonstrative.

Do not loiter. Keep on walking and praying.

For Groups:

Designate a team leader.

Determine time, place and duration.

Determine a route.

#### PRAY

Start with a Scripture, a purpose or a theme (such as family, neighbors, schools or an unreached people group).

Start out with silent prayer and prepare your heart.

Just start praying...nothing fancy...just start talking.

Designate the last 10 minutes for silent listening.

#### IMPACT

Are you being nudged to do something to impact the Kingdom? (Call a friend, help a neighbor, get involved in service, send a check)?

Take notes of your action items and review them often.

Pray for courage to act on your action items.

## *PRAYER PROMPTS/IDEAS*

### PRAY FOR YOUR CHURCH

- Walk inside and outside of your church
- Obtain a list of staff and pray for:
- Spiritual Health
- Relationship with Spouse/Families/Roommates
- Physical health
- Integrity
- Emotional strength
- Communication with staff members
- Work-life balance
- Finances
- Friendships
- Freedom from temptation
- Unity of vision within staff members
- Passion for ministry
- Observing Sabbath
- Perspective
- Contentment
- Pray for staff by name
- Obtain list of local and global ministries

### PRAY FOR YOUR NEIGHBORHOOD

- For every home you walk by
- Holy Spirit to work on hearts of neighbors
- Compassion for those that are different
- Every business in the area
- To stand up for justice
- To boldly and clearly reach out with the Gospel
- Against loneliness/isolation

### PRAY FOR YOUR SCHOOLS

- Walk around the school and the adjacent neighborhood
- Obtain a list of teachers and administration. Pray for them by name.
- Pray over the curriculum
- Regional administration
- Children and their families



# *Service Opportunities*

## *PRACTICE & PRAY*

### *Foster Parents' Night Out: Serving Foster Families*

Foster Parents' Night Out (FPNO) provides foster parents one evening each month to care for themselves and their marriages while we care for their kids. We provide these foster kids a fun evening during which they experience God's love and know their lives are valuable to Him. Email Teri Schneider at [teri@idcpdx.com](mailto:teri@idcpdx.com) to get involved.

### *Wild Hope: Outreach to Street Youth*

We seek to foster face-to-face, heart-to-heart community with young people living on the streets. Our Wednesday nights are spent walking, listening and encountering God in the kids, each other and ourselves. Desired skills include humility, respect, gratitude, learning, community, prayer. Join one of our weekly walks on Wednesday nights from 6-9 PM to listen, love and pray. For more information, contact Tim Wagner at [timothywagner@msn.com](mailto:timothywagner@msn.com).

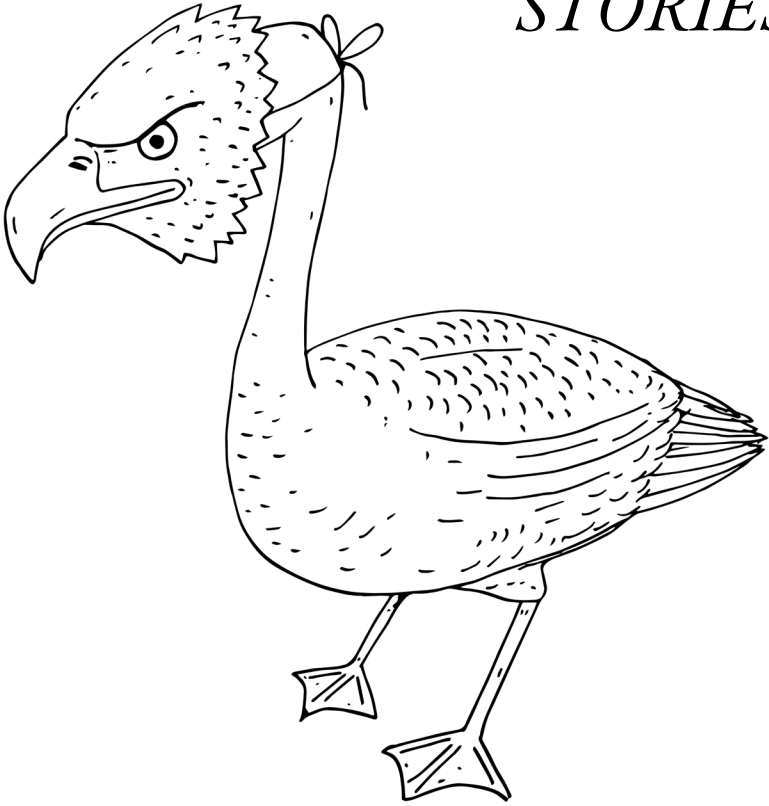
### *Club Impact*

Club Impact is a social club for adults with disabilities and a 2017 recipient of an Imago Dei Missional Grant. We offer weekly gatherings, community events, holiday dinners and more for our participants. To get involved as a volunteer, contact Ralph Gilliam at [gilliamralph@gmail.com](mailto:gilliamralph@gmail.com).

### *Serve with Imago Dei Kids*

Through sharing stories, serving and worshiping Christ, we get to be a place that reinforces a child's discipleship or even where they meet Jesus for the first time. This vital ministry is in need of some more volunteers on Sundays. Email [bohara@idcpdx.com](mailto:bohara@idcpdx.com) for more info.

*STORIES*



# *Keep My Heart Humble*

## *A STORY OF TRANSFORMATION*

by Brad Childs

Your voice. There are few things more mysterious, elusive or frustrating than Your voice. I search for it constantly, but more often than not I come back empty handed. I feel like I'm wandering aimlessly in the woods, knowing deep in my heart that the path I'm seeking is sooo close, but always just out of reach. It often seems like the question "How do you hear God's voice?" is a riddle to which there is no answer.

And yet others seem to have You on speed dial. They tell stories of how they heard Your voice so clearly and they followed it and You did amazing things. Why can't it be that easy for me? They say that You speak through a still, small voice, so I try hard to lean in and listen. And when I do sometimes it seems like I hear You everywhere, in everything, at every moment. But I know it's not really You. Your sheep will know Your voice. It takes practice to discern it. So how do I know which voice is Yours and which is not?

I've heard Your voice before. I've heard it through Your word, I've heard it through songs, I've heard it through people, I've even heard it through silence. But I don't hear it now. I'm listening to all those things, so where are You? I'm frustrated, confused and tired from trying.

And that's when I hear You. In a simple, quiet truth that immediately penetrates deep into my soul:

**BRAD, YOUR HEART IS TOO BUSY TO HEAR ME.**

You know how to speak to me. You know that I've filled my heart so full of useless things that only the quickest, simplest, deepest whisper can break through. And I didn't hear it because I earnestly sought every possible means that You could be using to speak. No, I only heard it because my heart was so exhausted that for the briefest of moments it was still enough to actually listen.

And that's the lesson I need to learn: that I will only ever hear You when my heart is humble. When my heart is proud and selfish I'll only hear the things that I want to hear. Only when I set myself aside and just get over myself, will my heart be open to hearing something other than its own voice.

So keep my heart humble. Because this is a truth I will forget and need to relearn again soon.

# *Until the walls Crumbled*

## *A STORY OF RESPONDING*

by Katie MacDonald

My sister became catatonic in October of 2016. It started slowly. Depression sinking into loss of speech sinking into frozen limbs and bursts of hysteria. “Failure to thrive,” they called it. My mom did her best to hold her together, and my dad questioned how our family would survive if she didn’t. All this was happening hundreds of miles away, while I sat in the sinking feeling that nothing was going to be the same again.

My sister has shown me Jesus more clearly than anyone in my life. I’ve seen Him in moments of frustration (what is wrong with her?), moments of jealousy (why can’t she be like other kids?) and moments of humility (why did I push her away, all she wanted was me?). You see, my sister has autism. But not a normal kind of autism; an unexplained kind of autism. A “we don’t have a name for that, don’t really know how to help you” kind of autism. That has created a barrier between me and God for years. But when she became sick...when she stopped talking, stopped eating, drinking, living...that barrier became even greater. I could feel Jesus seeking me out. Reaching out. I could feel His voice and care and concern in my friends, in songs on Sunday, in the prayers my mom whispered after another day of no answers. But I couldn’t respond. I didn’t want to respond.

Because He could fix this if He wanted. He could reach down and save my sister from whatever held her hostage inside her body. He could bring peace to my drained and wearied mom. My broken dad. But for months He didn’t. And so I pretended. I thanked my friends for their prayers. I wrote grateful posts on social media. But I didn’t want Jesus’ comfort. I wanted Him to feel my rage. My despair. My brokenness in the midst of my sister’s broken body.

Because He could fix this if He wanted. He could reach down and save my sister from whatever held her hostage inside her body. He could bring peace to my drained and wearied mom. My broken dad. But for months He didn’t. And so I pretended.

I thanked my friends for their prayers. I wrote grateful posts on social media. But I didn't want Jesus' comfort. I wanted Him to feel my rage. My despair. My brokenness in the midst of my sister's broken body.

Yet my resistance did not stop His compassion. My refusal to let Him speak to me did not stop Him from speaking. If anything, my walls made His voice reverberate into my soul more than any other time. The harder I pushed, the louder He became.

Until the walls crumbled.

And He let me yell. Scream. Question. Sink in the waves of uncertainty. All the while never letting me go. Because that's what He does. Jesus sits in the mud of our mess with us. He weeps with us. Screams with us. Holds onto our brokenness while whispering love over us.

When my voice grew hoarse, His gentle whisper calmed me. Covered me. Brought me light in the midst of darkness. He was there when the random doctor answered my desperate email. He was there when the insurance covered the treatment. He was there when we left her in the hospital ward.

And you better believe He was there when I picked up the phone and heard the sweetest voice I hadn't heard in 6 months whisper, "Hi Katie. I miss you."

# *Because Jesus is Making Me*

## *A STORY OF RESPONDING*

by Meg DuMez

I knew that was not the answer these college volunteers expected, but it was the truth. This group was one of many that joined us for Friday Night Stories that year. I had been serving every other week for about nine months by the time they came around, and I was finally getting used to being on the corner of SE 82nd and Powell for three hours.

When visitors joined us for a night, they fell into a common rhythm. They exchanged nervous glances with one another and at cell phone screens as the regular team set up the table, small barbeque and hot dog supplies. They fumbled over what to do with purses or backpacks before finally taking them back to the car for the evening. And they attempted to slide silently behind the table, which was against the number one rule of Friday Night Stories: no hiding.

I'd heard about this program through Clark Blakeman, a member of my church and fellow Compassion Connect volunteer. My prior service experience had always centered on children. My mother and grandmother were teachers. I know all of the Disney princesses and VeggieTale songs. My drawing skills are barely above kindergarten level. Little people were, and still are, my happy place.

So when Clark shared with me about this program, I remember nodding in appreciation and thinking, “not for Meg.” It sounded terrifying to stand on a busy street corner for several hours, talking with strangers and handing out free hot dogs. I'd moved to Portland a few years earlier but still felt unsettled. And here was a man talking about immersing myself in this city with no safety net.

Clark and I crossed paths a few more times through church, and I kept thinking of his program, with the same “not for Meg” phrase echoing in my head.

Then one morning, while sitting in a chapel service, that voice came to me again and asked a very simple question: “Why not?”

What was so hard, so scary, so impossible about spending a few hours on a Friday night sharing hot dogs with the people who lived less than two miles from me? Knowing that this new question had only one answer, I sent an email to Clark and asked when could I start.

Skip forward again to those college students visiting Portland during Spring Break. There had been a lull in the night between folks walking by. Jacob, one of our regular visitors and my new friend who lived outside, was visiting with their leader, so two of the students turned my way to ask for some more details about the program.

I explained that all we charged for our hot dogs was a story. We wanted to talk with people. When anyone asked if we were from a church, we honestly responded “no.” Instead we said we were people of faith who wanted to get to know our city better. We didn’t carry tracts or offer baptisms. In fact, I had very few conversations that year that connected to theology or faith. My longest conversation was with a man whose left arm was tattooed with crimes committed by the church.

“So why are you volunteering?” one student asked, anticipating the answer would be for church, service credits or that I was on staff.

“Because Jesus is making me.”



# OTHER RESOURCES

## BOOKS

### *THE PURSUING GOD* BY JOSH BUTLER

Written by Imago Dei Pastor Josh Butler, *The Pursuing God* sets out to restore a portrait of the biblical gospel of God's incarnate, crucified, and risen Son, correcting our worst caricatures of sacrifice and atonement, and revealing the glory of the triune God who has been relentlessly seeking to restore us to Himself. Find it in the Imago Dei bookstore and through most online booksellers.

### *PRAYER: 40 DAYS OF PRACTICE* BY SCOTT ERICKSON & JUSTIN MCROBERTS

Designed to help you find language, shape and space for the basic, human need to pray, this book contains 40 guided prayers paired with beautiful, contemplative imagery. Each of the book's seven sections is capped by reflections on the practice of prayer and each of those reflections points toward specific, suggested practices. Find it in the Imago Dei bookstore and at [scottericksonart.com](http://scottericksonart.com).

## SERMONS

The following sermons from Imago Dei's audio archive address some aspect of our lenten theme "Hearing the Voice of God". You can find them all together at [blog.idcpdx.com](http://blog.idcpdx.com), in the sermons section of our website or on the app:

- *Your Questions About the Bible: Prayer* by Heather Thomas
- *Give Us Today Our Daily Bread* by Rick McKinley
- *Prayer (Mark 14:36)* by Pete Grieg
- *Pneuma: The Promise of the Spirit* by Eric Knox
- *Jesus Practices: Hear and Obey the Word and the Spirit* by Rick McKinley

# OTHER RESOURCES

## PRAYER

### SUNDAY OPEN PRAYER

During communion at each of our regular Sunday services, there are individuals available to pray with you at the doors to the left and right of the stage. The prayer space at Central City is also open as a place set aside for prayer. To learn about serving in prayer, contact [jmarsh@idcpdx.com](mailto:jmarsh@idcpdx.com) at Central City or [butler.holly@gmail.com](mailto:butler.holly@gmail.com) at Eastside Gathering.

### FREEDOM FROM STRONGHOLDS

A Stronghold is something that keeps us from living in freedom, and freedom is when you live life as the person you were created and restored to be. If you would like to receive prayer to connect you back to the Father, Son and Holy Spirit, contact Holly Butler at [butler.holly@gmail.com](mailto:butler.holly@gmail.com) for details.

### PRAYER WALKS AT CENTRAL CITY

Prayer walks take place in the neighborhood before each service on Sunday morning. Led by Ineke Glavor. Email [iglavor@gmail.com](mailto:iglavor@gmail.com) for details.

### PRE-SERVICE LISTENING PRAYER AT EASTSIDE

Meets Sundays at 9:15am (before our 10:00am service) to spend time listening to God and praying for Sunday mornings. Led by Christopher Hoisington. Email [christophermhoisington@gmail.com](mailto:christophermhoisington@gmail.com) for details.

## VIDEOS

### BIBLE PROJECT VIDEOS

These videos by the Bible Project are great for family or group devotionals/studies: Shema (Listen), Holy Spirit, The Gospel of Luke (a five-video series). Watch them free at [thebibleproject.org](http://thebibleproject.org).









